



ceumannan 5

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Aonad 3.4
An Saoghal Spòrs
Freagairtean

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Notaichean an Tidseir agus Ceanglaichean feumail

Gheibhear na bhidiothan a tha riatanach do dh'obair an aonaid air làrach Cheumannan 5:

<https://www.storlann.co.uk/ceumannan/leabhar5/index.html>

1a. Leugh *Faclan mu Spòrs*

Gàidhlig	Beurla
a' brosnachadh	encouraging/promoting
a' buannachadh	winning
a' leasachadh sgilean	developing skills
buannachdan	advantages/benefits
camanachd nam ban	women's shinty
cleasan	activities/stunts/feats
cliù	reputation/prestige/acclaim
cnap-starra	obstacle
co-fharpais	competition
coidse	coach
cothroman	opportunities
cunnartach	dangerous
dèan do dh'icheall	do your best
dibhearsain	fun/entertainment/diversion
dùbhlàn	challenge
eacarsaich	exercise
fallain	healthy
iongantach	amazing
leòn	injure/wound
misneachd	confidence
moiteil	proud
neach-spòrs	sports person
obair chruaidh	hard work
rèitire	referee
rothaireachd	cycling
sgilean	skills
sgioba	team
slàinte-bodhaig	physical health
slàinte-inntinn	mental health
tlachd	pleasure/enjoyment
trèanadh	training
ùine shaor	free time

2. Èist Spòrs na Seachdain

1. Christopher Cormack & Fiona Grant
2. 1 hr
3. rugby
4. New shinty season with Skye playing Kingussie in Portree
5. Western Isles basketball festival
6. a. Hearts v Aberdeen
Edinburgh
Aberdeen 2 Hearts nil
Aberdeen scored in the first minute and then scored a second goal (a penalty kick) just before half time.
- b. Aberdeen are quite strong this season and are in second place in the Premier league.
7. We'll return to Edinburgh to see how Scotland's rugby team are doing in their game against Italy at Murrayfield.

3a. Èist B' e Calum am balach a b' àirde

	comparative adjective	superlative adjective
a		tallest
b	worse	
c		fattest
d	younger	
e	more comfortable	
f		silliest
g		funniest

3b. Leugh B' e dùbhlán a bh' ann dhaibh

- a. David Beckham was the most famous sports person in the year 2000.
- b. It was in the year 2013 that the Scotsman Andy Murray won Wimbledon.
- c. Danny MacAskill's bike stunts are the most dangerous ones I have ever seen.
- d. Aberdeen won against Hibs but it was a challenge for them.
- e. Alex Ferguson was a really good football manager.
- f. It was Newtonmore that was the best shinty team in 2018.
- g. When Danny MacAskill was younger, he was a mechanic.

3c. Leugh Seantansan

- a. _____ was the scariest film I ever saw.
- b. _____ was the best _____ player last year.
- c. _____ was the hardest exam I sat last year.
- d. _____ was the most beautiful place I have visited.
- e. B' e _____ an leabhar a b' fheàrr a leugh mi riamh.
_____ was the best book I ever read.
- f. B' e _____ an gèam a bu mhiosa a chunnaic mi riamh.
_____ was the worst game I ever saw.
- g. B' e _____ an neach a b' ainmeile ris an do thachair mi.
_____ was the most famous person I ever met.
- h. B' e _____ an rud a b' iongantach a chunnaic mi riamh.
_____ was the most amazing thing I ever saw.

4a. Leugh Danaidh MacAsgaill

- Dunvegan — a little village in the north west of the Isle of Skye.
- Pupil's own choice of any one of the following:
cycling on high walls
jumping off shed roofs and ruins
cycling on fence of local police station.
- Aviemore
 - bike mechanic
- His friend made a video of him doing bike stunts on the street and uploaded it to YouTube.
- He decided to give up his job and become a professional cyclist.
- More than 65 million people have watched *The Ridge* online.
- In this video, Danny went up and down the Cuillin mountains in Skye on his bike. He climbed (without a rope) to the top of the famous rock that is known as 'The Inaccessible Pinnacle' with his bike on his back! Many are of the opinion that *The Ridge* is the most daring and most dangerous thing that Danny has done, but for him, the more dangerous the better! Danny knows how dangerous his job is, but he gets a kick out of the challenge.
- He understands the risk involved in what he does. He has had many broken bones and accidents but that doesn't stop him.
- Any three of the following:
friend of Danny's/was a stunt cyclist/he broke his back/made a video called Road Bike Party 2/paralysed/now in wheelchair for rest of life/asked Danny to complete his last video (Road Bike Party 2)
- Danny's friend Martyn Ashton was making the video Road Bike Party 2 when he broke his

- back. He asked Danny to finish the video for him.
- b. because he knew how important the video was to Martyn.
11. a. Austria, Slovenia, Epecuèn in Argentina, The Canary Islands, Italy
b. that it is one of the most interesting and strangest places Danny has made a video.
Epecuèn is an abandoned town that had been underwater for more than 30 years.
12. More than 250 million people have watched his videos/ he has been in adverts for some of the most famous companies in the world/he has appeared in music videos for bands/he has written his autobiography.
13. Pupil's own choice of information from article. As long as there is relevant textual evidence to back up the answer, it will be acceptable.

5a. Èist***Chaidh cluicheadair rugbaidh a leòn***

A rugby player was badly injured in a game at Murrayfield yesterday. He was knocked down by another player. His leg was broken. The other player was sent off. The game was cancelled.

5b. Leugh***Eadar-theangachadh***

1. The door was opened.
2. A letter will be sent to parents.
3. Was the woman found guilty? Yes. She will be sent to prison for a year.
4. Was the concert held in the hall last night? No. It was cancelled until next week.
5. Was Thomas murdered?
6. Are Sara and Duncan injured?
7. Nothing will be done about it.
8. The cake is so delicious! You wouldn't think it was made without sugar.
9. The prizes will be given out/awarded tomorrow.
10. Put a sun hat on or you will get burnt.

5c. Èist***Thèid an sgoil a dhùnadh***

Pupil's wording in the blanks may vary. As long as the meaning is conveyed, this will be acceptable.

The school will be closed for a week because a pipe has burst in the school kitchen.

This has caused damage to lots of classrooms in the English and Maths departments.

English and Maths lessons will be held in the gym this afternoon.

If pupils are caught in out of bounds areas they will be punished.

After school clubs will be cancelled all week.

Parents will be informed about when the school will re-open.

5c. Sgrìobh *Beagan gràmair*

1.

chaidh mo thoirt dhachaigh.
 chaidh do thoirt dhachaigh
 chaidh a thoirt dhachaidh
 chaidh a toirt dhachaigh
 chaidh ar toirt dhachaigh
 chaidh ur toirt dhachaigh
 chaidh an toirt dhachaigh

I was taken home
 you were taken home
 he was taken home
 she was taken home
 we were taken home
 you were taken home
 they were taken home

2.

bidh mi air mo mhaslachadh
 bidh thu air do mhaslachadh
 bidh e air a mhaslachadh
 bidh i air a maslachadh
 bidh sinn air ar maslachadh
 bidh sibh air ur maslachadh
 bidh iad air am maslachadh

I'll be mortified
 you will be mortified
 he will be mortified
 she will be mortified
 we will be mortified
 you will be mortified
 they will be mortified

3.

chaidh mo chur dheth
 chaidh do chur dheth
 chaidh a chur dheth
 chaidh a cur dheth
 chaidh ar cur dheth
 chaidh ur cur dheth
 chaidh an cur dheth

I was put off
 you were put off
 he/it was put off / it was cancelled
 she/it was put off / it was cancelled
 we were put off
 you were put off
 they were put off / they were cancelled

4.

cha robh mi air mo leòn
 cha robh thu air do leòn
 cha robh e air a leòn
 cha robh i air a leòn
 cha robh sinn air ar leòn
 cha robh sibh air ur leòn
 cha robh iad air an leòn

I wasn't injured
 you weren't injured
 he wasn't injured
 she wasn't injured
 we weren't injured
 you weren't injured
 they weren't injured

5d. Leugh *Chaidh an gèam a chur dheidh*

- A special prize was awarded/given to the best sports person in the school.
- The game was cancelled because of the bad weather.
- The player was knocked down but wasn't injured.
- John couldn't play today. He has broken his arm.
- Jane was badly hurt when she was playing shinty yesterday.

5e Sgrìobh *Seantansan eile*

- Chaidh cùpa a thoirt dhan sgioba a b' fheàrr.
- A dh'aindeoin na droch shìde, cha deach an gèam a chur dheth.
- Cha b' urrainn do Raonaid cluich an-diugh. Tha i air a cas a bhristeadh.
- Bha Cailean air a dhroch leòn nuair a thuit e far a bhaidhsagal.

6a. Leugh *Calum MacIllEathain — An snàmh-dair fiadhaich***A. Faclan**

Gaelic	English
annasach	unusual, strange, rare
eadar-dhealaichte	different
reòite	frozen
iomallach	isolated, remote
beagan dibhearsain	a bit of fun/entertainment
bitheanta	common, frequent
slàinte-inntinn	mental health
dìochuimhneachadh	forget, forgetting
uallaichean	worries, stresses
beatha làitheil	daily life
buileach	quite
linntean	centuries, ages
bogadh	submerged, immersed
eas	waterfall
anam	soul

B. Ceistean

- Calum is famous in Scotland as a wild swimmer.
- about Calum and his unusual hobby
- Calum visits a different place in each episode and swims in the outdoors there.
- what time of the year it is or how cold the water is
- frozen lochs and remote/isolated pools up in the mountains
- There are around 60 wildswimming clubs all over Britain now.

7. Any three of the following: good for the spirit/good for mental health/good way of forgetting worries of daily life/good way to be close to nature.
8. In the Japanese religion of *Shinto*, *Misogi* is the practice of immersing oneself in the cold water of a waterfall.
9. that it cleans and renews the soul
10. Although the number of people that partake in this sport has grown in Britain recently, it is not a particularly new pastime at all. There are cultures where swimming like this has been common for centuries and is even part of their religion.

6b. Coimhead/Èist *Dhan Uisge!*

1. 10 years ago
2. to swim in beautiful, unusual and interesting places because swimming in cold water gives him a boost; his mind feels alive, he's happy and gets a sense of freedom from it.
3. Loch Coruisk in Skye
4. The scariest or most dangerous place Calum swam was in the Falls of Lora in Connel. The falls (rapids) appear when the salt water that fills Loch Etive flows back out to sea. Thousands of tonnes of water pour through the loch, causing waves, whirlpools and an extremely strong current. There is a danger that you can be dragged down and held under the water. Calum really enjoyed the swim there and there was a safety boat with him.
5. No, he hasn't been badly injured. He has cut his hands and feet many times on rocks but not badly. He did, however lose all feeling in his toes for 6 weeks once after swimming in a frozen loch in the mountains in the winter.
6.
 - Start somewhere you know — somewhere that is easy to get in and out of the water.
 - Take someone else with you. They can keep an eye on you and help you get dressed again afterwards.
 - After you come out of the water, get dried and dressed as quickly as you can — that's the best way of getting warm again.

7a. Leugh *Foghlam air a' bhlàr a-muigh*

1. on the last Friday of every month during each term
2. a. Any 4 of the following:
 - educates us about the world around us
 - promotes cross-curricular learning
 - strengthens self-confidence and self-esteem
 - strengthens teacher-pupil and pupil-pupil relationships
 - teaches us respect for our natural environment
 - provides a suitable challenge to all
 - benefits our physical and mental health

- b Pupil's own response
3. Pupils should choose a different activity for each term (4 altogether).
 4. Sessions are compulsory.
 5. Pupils will be randomly grouped (not according to age/sex/ability).
 6. a. A. MacIver
b. the Depute Head of Life Long Learning
 7. Skiing can only be chosen in term 3 (Spring term)

Obair cànan

1.

fantastic opportunities cothroman air leth

encouraging a' brosnachadh

active learning ionnsachadh gnìomhach

strengthening a' neartachadh

self esteem fèin-spèis

suitable challenges dùbhlain fhreagarrach

mental health slàinte-inntinn

activities on offer cur-seachadan rim faotainn

consent form foirm-cead

compulsory riatanach

2.

nithear, cha dèanar, gheibhear and **feumar** are all impersonal forms of verbs. They are recognisable by their ending — all end in **-ar**.

You would expect to see them in formal language of a higher register. For example in formal letters, news broadcasts and news articles.

7c Èist

Dè fon ghrèin a th' ann an claiseachd?

1. be inside playing computer games
2. being in classes all day
3. any **two** of: walking up rivers, climbing rocks/cliffs, jumping into the water
4. because he likes shooting things in computer games
- 5.

Neil John doesn't want to do:	Reason:
gorge scrambling	too wet
skiing	too cold
crofting	too dirty
mountain biking	too dangerous
wild swimming	he's not a fish
horseriding	can't stand horses

6. It's like a canoe but you stand up in it.
7. Right, I'm away. Do what you want but I'm bored listening to you and all your complaining!

7d Leugh**Bha sinn air ar lathadh!**

- | | |
|---------------------|------------------------------------|
| 1. snàmh san loch | swimming in the loch/wild swimming |
| boghadaireachd | archery |
| claiseachd | gorge walking |
| absèileadh | abseiling |
| rothaireachd-beinne | mountain biking |
| snàmh fiadhaich | wild swimming |
- Colin seems to be enjoying the trip the most as he says he would like to stay for another week.
 - Douglas
 - Their phones were taken away when they arrived and they only get them for half an hour every night.
 - Rachel will be taken home tomorrow as she fell and broke her ankle whilst mountain biking.
 - Pupil's own choice
 - | | |
|-----------------------------|------------------------------------|
| looking forward to | a' coimhead air adhart ri |
| much easier than I expected | fada na b' fhasa na bha mi 'n dùil |
| my goodness | mo chreach |
| we are only allowed | chan fhaod sinn ach |
| missing you | gad ionndrainn |
| whatever that is | ge b' e dè tha sin |
| say hello to | can hallò ri |
| weird | annasach |
| we were frozen | bha sinn air ar lathadh |
| I hate | Is beag orm |
| I can't wait | fadachd orm |
| I wish you were here | B' fheàrr leam gun robh thu an seo |

7. **ONE** passage from the following:

Hi Dad. We swam in the loch today. It was snowing. We were frozen! Lots of fun though! Hostel and food good and good craic. I'd like to be here another week. See you on Friday. Say hello to Mum. Colin xx

I hate the outdoors! Cold, tired and sore. The worst thing — our phones were taken away when we arrived! We only get them for half an hour each night! I need to go now or I'll be getting a row. Can't wait to come home. Douglas

Hi Helen! What's doing at school? Brilliant trip. Tried archery today. I hit the bullseye three times! I couldn't believe it. Much easier than I expected. We'll get a chance to try gorge walking tomorrow — whatever that is?! Wish you were here. Missing you. Lots of love Catherine xox

Hi Mum! Trip going well. Abseiling and archery yesterday. Mountain biking today. It was good but Rachel fell and she has broken her ankle! She'll be taken home tomorrow. Wild swimming in the loch tomorrow! My goodness! We are only allowed half an hour every night on our phones (weird but I don't miss it). It is really good to try new things but I'm looking forward to coming back home to the city. Elizabeth x

7e Sgrìobh**Foirm cead**

- Aviemore
 - 31 May–3 June

2. Any food allergies must be declared on the form. This is compulsory.
3. A different activity must be chosen for each session.
4. The names and numbers of two emergency contacts must be given.

8a Èist/Coimhead *Camanachd nam Ban*

Pàirt A

1. a. When she was in Primary school.
b. In her small community all the children did everything together so when the boys started playing shinty, she wanted to play too.
2. They encouraged them and took them to competitions all over Scotland.
3. the physical challenge and spending time with her friends
4. the year 2000
5. There are more teams and the standard has improved — the women are just as good as the men!

Pàirt B

6. youth worker for girls
7. to take part in more sports and activities
8. any **two** of the following:
to work hard
to work as a team
to be eager/passionate/enthusiastic
to have respect and esteem for others
9. Don't think you're not as able as boys.
Do your best in everything you do.
Keep trying and you'll get there in the end.
10. A tree cannot be felled by the first strike
Pupil's own interpretation of what this means.

8b Leugh *Air sàillibh iomain...*

Pupils may choose any **three** or **four** of the following that they consider most important and explain why:

Because of shinty...

1. I'm healthier and stronger in body and spirit.
2. I am showing other girls that we are just as good as boys in this sport.
3. I have learned that I'm more able than I thought. I have more confidence in myself now.
4. I feel good about myself.
5. I'm a member of a strong team.
6. I have made great friends.
7. My family and I are proud of me.
8. I have learned to push myself.

9. I have learned that you need to work hard if you want to improve.
 10. I have the chance to travel all over the country.

9a. Leugh***B' e siud an gèam a b' fheàrr a bh' ann riamh!***

When I woke up on Saturday morning, my stomach was doing somersaults. This was the most important day. We were to be playing in the girls' football final. Throughout the year we had played against other high schools from all over the country and now there were only two teams left in the competition — ourselves from Oban High and another team from St Brendan's High in the Borders. We arrived at St Brendan's pitch about an hour before the game and we did our warm up exercises. When the other team came on the pitch, I wasn't feeling too hopeful at all. They looked much older than us. How could we manage to beat them?

Summary of the game (in pupil's own words)

St Brendan's scored in first 5 minutes.

At half time it was still one-nil to St Brendan's

Coach gave us a pep-talk at half time and spurred us on.

I scored in the first minute of second half. Then Catriona scored. We had the upper hand (2-1 to Oban).

Other team much weaker in second half. St Brendan's scored again with 5 minutes left to go. Now we were even (2-2). A player from St Brendan's fouled me and really hurt my leg. The ref gave her a dressing down and she was raging at him. She got red carded and sent off. We got a penalty kick. Kirsty-Anna took it and scored. We had won! Now we were the best team in Scotland and all the training had been worth it.

10a Leugh***Seanfhaclan***

Pupils wording and interpretations may vary. As long as they can display an understanding of the proverbs this will be acceptable.

Chan ann leis a' chiad bhuille a thuiteas a' chraobh.

It's not with the first strike that the tree falls.

(To achieve something you need to keep working at it before you succeed.)

Ruigidh each mall muileann.

A lame horse will reach the mill.

(Keep trying and you'll get there eventually.)

An neach nach cuir air latha fuar, cha bhuain e air latha teth.

He who does not sow/plant on a cold day, will not reap on a warm one.

(If you don't put in the ground work, you cannot expect to succeed/Effort will be rewarded/Hard work pays off.)